Enter an unfolding environment of Sunday Services, Classes, Programs and Weekday Events

> Radiant Healing and Loving Blessings to All!



Temple of the Living God of St. Petersburg An Interfaith Metaphysical Community Church 1950 Second Avenue North, St. Petersburg, FL 33713 Bi-Monthly News Bulletin - July - August 2020 - Vol. 64, No. 7,8 Visit us at: www.tlgtemple.org Contact us at: tlgchurch@verizon.net

Rev. LeRoy Zemke

Reflections

Freedom Within

When we let freedom ring, when we let it ring from every range and every state and every city, we will be able to speed up that day when all of God's children, black men and white men, jews and gentiles, Protestants and Catholics will be able to join hands and ring in the words of an old negro spiritual, "Free at last, free at last! Thank God Almighty, we are free at last."

Martin Luther King Jr. Speech at the Lincoln Memorial Aug 28, 1963

By knowing God one is released from all fetters. Upanishads, Svetasvatara (Hinduism)

It is dangerous to take human freedom for granted to regard it as a prerogative rather than as an obligation, as an ultimate fact rather than an ultimate goal. It is the beginning of wisdom to be amazed at the fact of our being free.

> Abraham Joshua Heschel The Insecurity of Freedom Paradigm.

Freedom: state of being free or at liberty (from confinement). The power to determine one's action without restraint. Philosophy: the power to exercise choice and make decisions without constraint from within or from without; autonomy; self determination. Emphasizes the opportunity given for the exercise of one's rights, powers, desires or the like.

In America, we mark the 4th of July as the date in 1776 when, by the signing of the Bill of Rights, we claimed for ourselves the rights of freedom, liberty, speech, the press, religion and the right to gather together (assembly). These statements became part of our national constitution and of every state in the Union.

Granting freedom by decree or law does not assure it for us, our children or our families or our nation or our world. Freedom is, in a larger context, let alone our communities, an internal state of our nature, our essential or sacred nature. While I believe deeply and profoundly that it is available to us, we have to learn now to express it, to model it, to be an example to those we say are important to us, let alone those with whom we share our lives in business, in professions, in academic, financial, religious and every form of social interaction we know.

As a spiritual quality, I believe freedom is aligned with, or may be connected to our innate power, a very deep inner sense of yearning to share who we are - again at depth. This yearning to be who we are takes on the work of an incarnation.

For example, if we say we wish to become a musician, artist, writer, doctor, dentist, gardener or landscape architect, our training or education will necessarily involve appropriate schooling and life experience to express these yearnings of our soul.

The quality of our work emerges slowly once we may decide on landscape and architecture design. We must quite seriously learn about plants, rock formation, various components of the soil, what may need to be used as materials and a variety of other matters that help us to perform our business or profession.

Information about the kind of plants, studies about nutrients, and how to create a useful as well as sustainable environment is necessary to do the work. There's also the need to learn about community environments, city codes and city requirements.

If we wish to express our freedom to create using plants and natural environments, we must prepare ourselves mentally, emotionally, educationally and spiritually. We must develop a relationship *within* ourselves that allows us to use our talent(s) wisely. The inner desire for freedom is to reveal our creative nature in a natural environment. We still must operate in the world of form, man made rules and regulations.

Another example illustrative of a soul yearning might be that of a graded school teacher. We love children and we want to be a positive influence in their physical and hopefully spiritual educational development and growth.

We discover that four years of college is required (beyond high school) to prepare to teach. Not only are we learning about content of courses, we must become knowledgeable about our local communities, cities, towns and states. We must learn about what's permitted in the classroom and what and how we must teach our favorite subject be it mathematics or medicine, social justice or physical education (sports).

We may have a deep yearning to inspire, to motivate the young people with our own lives and learning. Yet we must abide by school boards, PTA's, financial

agreements and increasing legal ramifications that impact the teacher, the state, the principal and the families of the children we so yearn to serve, to teach, to encourage, to discover themselves.

Thus the yearning we have for a noble profession in order to free the minds and hopefully touch the souls of the young is constricted and constrained by the world in which we live.

We ask, "What is the gift of freedom?" The answer is contained in the dilemma of all the conditions and circumstance I spoke about before.

1. **Our inner and outer personal nature** will shine through the many and varied difficult environments. If we are caring and kind, others will see it and many people, young and old alike will be aware of it. So be caring, kind and as considerate as possible.

2. **The outer world** in which we all live (in towns and cities and states and nations) is held together by an agreed upon set of guidelines, and yes, some specific rules and regulations. In America we have the "right" to express our speech or to express our form of religion without fear of reprisal. This right then means, in my opinion, that we have to learn how to respect the attitudes and viewpoints of those who think fiercely opposite to us. It means that we can share our ideas without attacking another or becoming angry or becoming intolerant. We know that expressions of anger seemingly justified or not, only leads to more anger. All of us now witness the violence in our world with alarm because we see that it leads to more of the same.

3. A viewpoint is a viewpoint is a viewpoint. It emerges out of a variety of life and cultural contexts such as family, religion, political views, social experience and most of all our own perception and/or interpretations.

While we each feel our viewpoint is correct, nevertheless it is essentially our idea about how to look upon and how to engage in life. I believe it is necessary to remember that viewpoints do not define who we are at depth. How many of us hold the same viewpoint about relationships, parents, our children or our friends that we had as children and in a much broader larger sense, the way the world works? Obviously all of these views have changed.

Certainly this commentary can be continued into many arenas and realms of human activity and human involvement in every aspect of life. The freedom we seek to express, I suspect, is contained in a male body or a female body (or now in a trans-gender body) only as the vehicle through which it is expressed.

If I say I love roses or I really love mountain scenery, does that make me "love" only roses? Or a specific mountain? Of course not. My view, internally, is

important to me, but it is certainly not who I am.

In a world where multiple views are strong, often intense and conflicted, we may or may not align to those people with whom we would like to share a closer or related viewpoint. But again the viewpoint is not who we are. It can be likened to a shirt we wear and take off. The designer, color, shape is appealing but is only a "cloth covering."

To develop inner freedom, we must become aware that to truly be who we are is a gradual and perhaps even difficult process. To stand in our truth about matters material, of human interest and expression, is one state of being allowing us certain rights. To become, however, the more awakened soul we entered this life to be, is a major work of an incarnation. It requires courage, conviction and a deep internal willingness to reveal our very heart and soul to ourselves before we are able to reveal it to the world.

We must learn to love those who think exactly opposite to us. We have humanity for the background, but each must have his own individuality and his own thought. Push the sects forward and forward till each man and woman are sects unto themselves. We must learn that differentiation is the life of thought. We have one common goal, and that is the perfection of the human soul, the god within us.

Swami Vivekananda



ALTERNATIVE HEALING

THE TEMPLE OF THE LIVING GOD'S HEALING MINISTRY AFFIRMS GOD AS THE TRUE SOURCE OF OUR STRENGTH, GUIDANCE AND HEALING. WITHIN A SPIRITUAL FRAMEWORK WE OFFER ASSISTANCE, PRAYER, AND SUPPORT THROUGH A VARIETY OF HEALING APPROACHES.

SPIRITUAL HEALING

CONGREGATIONAL DIVINE HEALING DURING EVERY SERVICE

PRAYER & HEALING MINISTRY

Upon receipt of a request for healing the individual's name will be placed in our healing prayer chest and prayed for during Sunday Service.

The same request is given to the Healing Team to be prayed for throughout the month.



ARE YOU INWARDLY WILLING & READY TO EXPERIENCE HEALING IN ALL AREAS OF YOUR LIFE?

DO YOU NEED A LISTENING EAR?

A Chaplain or Minister is available to support you on your spiritual journey.

Someone who will hold sacred space with you.

Someone who will listen and hold what is said in strictest confidence.

Someone who will pray with you.

Someone who is there when you are in need.

> Each Sunday this service is available to all.

Sunday Services

July Theme Freedom Within

July 5 Rev. LeRoy Zemke "The Experience of Freedom"

July 12 Gonzalo Lever "Straight Through the Darkness, Straight to the Heart"

July 19 Rev. Annette Mason "Where to Now?"

July 26 Rev. Karmene Lusis "Open to Possibilities"

August Theme Following Our Divine Path

August 2 Rev. LeRoy Zemke "Does God Call Us to a Divine Work?"

August 9 Lynne Forrest "Following the Inner Voice"

August 16 Paul Cardillo "Choosing Heaven in the Midst of Chaos"

August 23 Rev. Marvin Shepherd "Unleashing the Divine"

August 30 Rev. Mary Moore "The Journey of Love"



From the desk of Andrew Guilfoil



Children's Church Youth Enlightenment Program (Y.E.P.) Sunday Service 11:00 am

July 2020 "Rhythms of Life"

August 2020 "Abundance is Everywhere"

Love & Light Andrew Guilfoil andresguilfoil5@hotmail.com



Earthbound Rescue Circle

Discussion Group

Metaphysical Forum

Hands-On Energy Healing

On-Going

Monthly at the Temple

7:00 - 8:30 pm 3rd Tuesday Burlington House

12:30- 1:45 pm 2nd Sunday Will resume September 13

12:30 - 2:00 pm 4th Sunday Temple Classroom

12:30 - 2:30 pm last Sunday Burlington House Postponed until further notice

Weekly at the Temple

A Course in Miracles

The Way of Mastery

Kadampa Buddhist Meditation Gathering

Book Club

7:00 - 9:00 pm Mondays Temple Lobby

7:00 - 8:30 pm Wednesdays Temple Lobby

7:30 - 9:00 pm Thursdays Burlington House

1:00 - 3:00 pm Mondays Burlington House

7:00 - 8:00 pm Wednesdays TBA - Suspended until Further Notice Burlington House

5:00 - 6:00 pm Wednesdays on Google Meet Call Temple for more information



MONTHLY PSYCHIC FAIR \$15 FOR 15 MIN SATURDAY, JULY 11 NOON – 4 PM

× Ci

READERS:

CAROL WICKER ~ Psychometry, Energy Reader, Clairvoyant

JACKIE HARTLEY ~ Tarot, Oracles, Intuitive

MICHAEL COUPER ~ Clairvoyant, Tarot

PET/ANIMAL READINGS Cost: \$15 Saturday, July 18 1:00 – 3:00 pm

WITH MELISSA LYNN, PET/ANIMAL COMMUNICATOR



FOR YOUR FURRY AND NON FURRY FRIENDS. Melissa is a gifted pet communicator with pets, past and present. Animal readings can help with assisting in illness, end of life wishes, and messages from the other side.

Bring a picture, collar, toy or keepsake of the animal you wish to communicate with. SEATING IS LIMITED – Register Early!

Call the number below or sign-up in Temple lobby.



Come in to Miracles and enjoy browsing our books, cards, jewelry and other unique items.



D**ETAILS FOR ALL EVENTS AT <u>WWW.TLGTEMPLE.ORG</u> **

CONTACT MIRACLES METAPHYSICAL BOOKSTORE AT # 727-822-3157



with Doug Elliott



Wednesdays on Google Meet 5:00 – 6:00 PM

Love Offering

This Book Club embraces interesting literature with a spiritual edge. We will read a chosen book together with insightful and reflective discussion throughout. Once completed, we will begin with another book selection, chosen by the group.

All who appreciate contemplative, introspective literature are welcome. Join us as we share profound thoughts and insights by writings of various authors. We look forward to seeing you there.

Doug Elliott received a Bachelor's Degree in psychology with minors in philosophy and history from Grand Valley State University in Allendale, Michigan. Entering the financial field in 1980, he ultimately founded Greystoke Consulting, Inc. in 1994, a registered investment advisory firm. Several years ago, he sold his business and now works part-time as a Certified Financial Planner. Doug has been interested in metaphysics and philosophy his entire life.

Please call the Temple at (727) 822-8628 for more information.







Sunday, July 5th, 2020 12:30 pm

Bring your favorite dish to share, as we celebrate with food, fun, fellowship, music and the 'Heads or Tails' game. (\$5 per strand of beads)



ANNOUNCING!!!



COMING SOON

The **Living Legacy Tree(LLT)** will be/is a way to provide a tribute/memorial by members and friends of the Temple. It is a tangible way for those who would like to support the vision, future growth and expansion of the ministry. A complete brochure will be available in the summer of 2020.

Earthbound Rescue Circle

with Lynette Millus

Tuesday July 21 Tuesday August 18 7:00 - 8:30 p.m.

Love Offering Burlington House

Sometimes when a soul leaves



the physical body, the soul is confused. The soul is not clear about where to go and what to do after he/she has left the physical plane of life. The purpose of Earthbound Rescue is to liberate the soul. The intention of the group is to release the soul into the Light so the soul can advance and progress on its evolutionary journey in life. If you would like to join in this group, please join us for an evening of service.



METAPHYSICAL FORUM with Rev. Karmene Lusis 12:30 – 2:00 PM

On Sunday, July 26 & August 23, join us here at the Temple for an early afternoon of insightful, inspiring conversation as we explore new and not so new ideas that will reveal powerful truths to live by.

Whether you are new to metaphysics or have walked this enlightened journey for a while, ALL are welcome to experience these afternoon gatherings! Come and awaken your mind, stir your thinking and move to new levels of understanding.

> JOIN US AND BE INSPIRED !!! Love Offering



Message Circle

Sunday, July 26 6:00 - 7:30 PM \$15

3 Circles, 3 Readers

Please arrive by 5:45 PM

Doors close promptly at 6:00 PM

BOOK LOVERS GET READY! BOOK SALE August 1 - August 31

Now is your chance to find those wonderful books - classics and new releases alike that you have always wanted to read and also some treasures that you never knew you would find so irresistible.

Every year hundreds of exciting titles find their way to our bargain tables and then to your homes to provide you with hours of reading, learning and some pure pleasure! Be sure to come by and find the ones that are waiting just for you.

We welcome any old books or gently used books including CD sets which you are ready to pass on to others.

Please drop them off after July 15th.



In Loving Memory Ruth Eleanor Swim "Dancing Spirit" (June 10, 1916-May 18, 2020)

Our much beloved Ballroom Dancer, Argentine Tango enthusiast, Ruth graced our presence as a member of the Temple.

Her effervescent and radiant spirit, as always, will dance among the stars as she continues her journey. Ruth marked her last Birthday at 100 here at the Temple, with a large gathering of members and friends, celebrating her life, while enjoying a delicious mocha cake (her favorite).

She leaves behind a great grandson who lives in Massacheusettes.

Be Kind

Fwd: Repost: "As we start to open up... You do You, I'll do me. That's what America's about. None of us have the same circumstances (medically high risk, child/ family member or a business about to go under, etc.). Let's all stay in our own lanes and keep the judgement down as we begin to reopen. No one should feel pressured either way.

Just a thought... As governors are trying to figure out how to ease back into normal, please remember: Some people don't agree with the State opening... that's ok. Be kind. Some people are still planning to stay home... that's ok. Be kind. Some are still scared of getting the virus and a second wave happening... that's ok. Be kind. Some are sighing with relief to go back to work knowing they may lose their business or their homes... that's ok. Be kind. Some are thankful they can finally have a surgery they have put off... that's ok. Be kind. Some will be able to attend interviews after weeks without a job. That's ok. Be kind.". .S.

Don't Forget to Forgive

Forgiveness can be difficult, but learning how to incorporate it into your life can be good for your health. by Erin Johnson



What Makes a Good Apology?

A good apology is more than just saying the words "I'm sorry" and responding with, "You're forgiven." Consider following the advice from a study done by Ohio State University, which highlights six components of an effective apology. Making an effort to take these steps will go a long way, no matter which side of the argument you're on.

- 1. Express regret
- 2. Explain what went wrong
- 3. Acknowledge responsibility
- 4. Declare repentance (in other words, be apologetic)
- 5. Offer repair
- 6. Request forgiveness

When was the last time you had a fight or argument? How did it end? For small fights, apologies and forgiveness can be simple. But some arguments are bigger. In these cases, forgiveness can be difficult.

Holding a grudge, however, can be just as bad for your health as it is for your relationship. In fact, forgiveness is linked to improved mental and physical well-being, according to Johns Hopkins Medicine.

How to forgive

Forgiveness comes more naturally to some people. Luckily, you can train yourself to be more forgiving. Doing requires a conscious effort to unlock your empathy and relieve feelings of anger and resentment. If this doesn't come easily to you, there are several things you can work on:

Reflect, remember and choose to forgive. Engage with your memory of the event, including your feelings of anger and how your feelings affected you. Then truly forgive the other person. Speak to the person about your feelings or, if that's difficult, write them down in a journal.

Empathize and let go of expectations. Try to understand why the other person feels the way they do, and don't set requirements for their response. Allow both sides to have their feelings.

Forgive yourself. It's equally as important to forgive your own mistakes as it is to forgive others.

The health benefits of forgiveness

Forgiveness is about more than offering a few words and moving on. The American Psychological Association says that in order to forgive - and gain the health benefits from doing so - you need to engage with compassion, empathy and understanding for the person who wronged you.

People who are able to forgive have better mental health. This includes lower rates of anxiety, depression and major psychiatric disorders. Those who forgive also have lower levels of stress and therefore better overall physical health. According to one 2016 study conducted by UC Berkeley and Northwestern University, outbursts of anger predict heart problems later in life.

So, think back again to the last fight you had. Are you ready to forgive, if you haven't already? It might be the best option not just for your relationship, but your overall health.

Taken from Renew United Health Care

MIRACLES BOOKSTORE

August Events

MONTHLY PSYCHIC FAIR \$15 for 15 minutes SATURDAY, AUG. 8 Noon to 4 PM

Re

READERS:

MEREDITH PYLE ~ Psychic Medium

NITA NEWPORT ~ Medical Intuitive, Totem Animals

JANE BATH ~ Tarot, Intuitive

PENDULUMS AND YOU Cost: \$15 SATURDAY, AUG. 1 1:00 – 3:00 pm

Presented by Teri Lake

The pendulum can be a useful tool when seeking answers as well as for dowsing. Understand your pendulum and learn how to use it for your highest and best good in all aspects of your life.

In this workshop we will learn:



- FAQs & History Studies and surprising history of pendulums throughout the ages.
- Stone, crystal or metal what is the right pendulum for you?
- > Charging, Cleansing and proper storage.
- > Establishing a personal connection with your pendulum.
- > Create your own pendulum board.

BRING YOUR PENDULUM OR BUY ONE AT MIRACLE'S BOOKSTORE AT A SPECIAL DISCOUNT FOR ATTENDEES ONLY

↓ *DETAILS FOR ALL EVENTS AT <u>WWW.TLGTEMPLE.ORG</u> **≭**

CONTACT MIRACLES METAPHYSICAL BOOKSTORE AT # 727-822-3157

APPRECIATION POTLUCK





Join us on

Sunday, August 2nd 12:30 PM

Bring your favorite dish to share as we celebrate life and life's blessings with our Temple family.

Visit our new website at www.tlgtemple.org



Friday, August 21st, 2019 5:45 pm

You are invited to join in the fun as Temple members & friends gather together in a Summer Juau Celebration. Enjoy a variety of foods to choose from, a warm and inviting ambience, music and laughter, followed by the JCR game to conclude the evening.

Sign-up in the Temple lobby by August 16th

Let us know how many will be attending and what your dish will be.

RESCHEDULED

Tampa Bay Course in Miracles (ACIM) Retreat



Saturday, September 5, 2020 9:30 to 3:30 p.m. (8:30 – 9:30 a.m. Registration) Pre-Registration suggested. Call TLG. Lunch included!

WEERE: Temple of the Living God (TLG)

1950 2nd Avenue North St. Petersburg, FL 33713 (727) 822-8628

This is a one-day experiential retreat where we will find practical solutions to life issues.

Several knowledgeable guest speakers will reveal, clarify and focus upon the inner Peace of God.

COST: \$30.00

\$30.00 entire day

(Recommended love offering - includes lunch & materials.)

INVITE A FRIEND!

Enjoy our guest speakers:

Paul Cardillo, Tim Godcharles, Gonzalo Lever, Phil Orth, J.C., Judy Chandler, Teak Senior) in a.m., break for lunch, followed by a stimulating and engaging group discussion in the afternoon.

MIRACLES WILL HAPPEN!

Questions? / R.S.V.P. Please call or email:

Gonzalo Lever @ 813-732-4669 gonzalolever@hotmaol.com Rev. Karmene Lusis @ 727-822-8628 tlgnowministry@gmail.com

Temple of the Living God Founded September 25, 1960

Senior Pastor	Rev. LeRoy Zemke	
Associate Pastor	Rev. Karmene Lusis	
Ministry Team		
Rev. Betty Pressly	Rev. Annette Mason	
Rev. Gloria StandishRev. Ma	ary MooreRev. Marvin Shepherd	
Andrew Guilfoil		

President	
Vice-President	-
Secretary	Bonnie Riggens
Treasurer	Beth Kratz
Asst. Treasurer	Ilse Kearney
Trustees	Carolyn Chastain, Carrol Jude, Rev. Marvin Shepherd
Children's Church Leader	Andrew Guilfoil
Children's Church Co-leaders	Lynne Forrest

Staff

Audio Visual Technicians	Steve Isaac, Robert Campbell, Lonnie Joseph Nichols
Chaplains Coordinator	
Church Secretary	Carol Schuldt
Computer IT Specialist	Randy Zurman
	Rev. Mary Moore
Assistant Education Coordinators	Rev. LeRoy Zemke, Rev. Karmene Lusis
	Ruth Howard
Education Administrator Assistant	Kate MacDonald
	Rev. Marvin Shepherd
Media Designer Coordinator	Teri Lake
Maintenance Coordinator	Rev. Marvin Shepherd
Miracle Bookstore Manager	Teri Lake
	Carol Schuldt
	Carol Mitchell
Keyboard Accompanists	Jill Athey, Alex Garrido
Floutist	Liz Dale
Healing Coordinator	Lonnie Joseph Nichols
	Rev. Gloria Standish
Sunshine Coordinators	Ronalda & Ashby Hobson
Volunteer Coordinator	John Mavros

Miracles Metaphysical Bookstore Manager Teri Lake Staff Aida Gonzalez

SCHOLARSHIPS

Scholarships are available to members of the Temple and to others who regularly attend Sunday Services or classes.

Call the Temple at: (727) 822-8628 for information on Scholarships *at least 2 weeks before the proposed class begins.*

Additional Parking - Anytime On Temple's Burlington House Avenue N. Property Directly North of Church's Parking Lot



When our parking facilities are full-Parking available in the Eye Clinic Parking lot on 1st. Ave. N. Just behind the Temple (20th St. N. And 1st Ave N.)

Please choose the above parking before parking on 2nd Ave N. Since street parking is public, we also want to respect those who live next to us!

To Contact Us: (send as an e-mail or letter)

Office Rev. LeRoy Zemke Sr. Pastor tlgchurch@verizon.net

Rev. Karmene Lusis Assoc. Pastor tlgnowministry@gmail.com

Carol Mitchell, President Executive Board carolannmitchell52@yahoo.com

Marie Neuberger, Administrative Assistant tlgchurch@verizon.net

Carol Schuldt tlgchurch@verizon.net

Beth Kratz tlgaccounting@verizon.net

Rev. Gloria Standish tlgprayer@verizon.net

Rev. Mary Moore Education Coordinator tlgedu1@gmail.com

Andrew Guilfoil Youth Church Leader andrewguilfoil5@hotmail.com

> Temple of the Living God An InterfaithMetaphysical Community Church 1950 Second Avenue North St. Petersburg, Florida 33713 Phone (727) 822-8628 FAX: 727-894-1913

www.tlgtemple.org Miracles Metaphysical Bookstore (727) 822-3157 Hours:Saturday 11:00 a.m. to 4:00 p.m. & before and after Sunday 11:00 a.m. service

> For Private Consultation Rev. LeRoy Zemke Parsonage (727) 894-4726

> > Rev. Karmene Lusis (727) 822-8628

The church is available for weddings, christenings and memorial services

Temple of the Living God of St. Petersburg A Metaphysical Community Church P.O. Box 12235 St. Petersburg, Florida 33733

1

If you no longer wish to receive this bulletin, please check box and return. Thank You

DATED MATERIAL -DO NOT DELAY

Return Service Requested

Non-Profit Organization U.S. POSTAGE PAID St. Petersburg, Florida Permit No. 5666

Sent With Love To: A

٨

V